



Local Wellness Policy: Triennial Assessment Summary

General Information

LEA: Satsuma City Schools

Month and year of current assessment: March 10, 2019

Date of last Local Wellness Policy revision: March 28, 2017

Website address and/or information on how the public can access a copy of the Local Wellness Policy and Triennial Assessment: www.satsumaschools.com/Page/1571

Wellness Committee Information

How often does your district wellness committee meet? ___ Once a year _____

District Wellness Coordinator

Name	School	Job Title	Email Address
Crystal Sealey	SHS	CNP Director	csealey@satsumaschools.com

Designated Wellness Assessment Leader (can be the District Wellness Coordinator)

Name	School	Job Title	Email Address
Jarred Huffmaster	SHS	Teacher/Coach	jhuffmaster@satsumaschools.com
Amy Charles	LES	Registrar	acharles@satsumaschools.com

District Wellness Committee Members

Name	School	Job Title	Email Address
Jarred Huffmaster	SHS	Teacher/Coach SHS Wellness Leader	jhuffmaster@satsumaschools.com
Brittany Powell	LES	PE Coach	bpowell@satsumaschools.com
Jessica Coleman	SHS	Counselor	jcoleman@satsumaschools.com
Kristie Threlkeld	SHS/LES	Lead School Nurse	kthrelkeld@satsumaschools.com
Jessica Petry	LES	Teacher	jpetry@satsumaschools.com

Crystal Sealey	SHS	CNP Director/FACS Teacher	csealey@satsumaschools.com
Amy Charles	LES	Registrar, LES Wellness Leader	acharles@satsumaschools.com

Section 1. Comparison to Model School Wellness Policies

Complete a Triennial Assessment Tool ([WellSAT3.0 assessment tool](#), or other customized assessment tool) and keep a copy of the results on file for at least three full school years plus the current year. It will be reviewed during the next administrative review of your Child Nutrition program.

Indicate which model wellness policy language was used for comparison:

- Alliance for a Healthier Generation Model Policy
- WellSAT 3.0 example policy language (Print the WellSat report and include with your assessment)
- Other (please specify): _____

Describe how your wellness policy compares to the model wellness policy. (May use a bullet format to list comparisons)

- Our wellness policy is very similar to the Alliance for a Healthier Generation’s Model Local School Wellness Policy
- The SCS policy follows the same outline and format
- Our policy offers more of an overview and does not go into the same depth as the Healthier Generation Model, for example, many of the items that are explained in detail in the Healthier Generation Model are simplified in the SCS Wellness Policy

Section 2. Progress towards Goals

***NOTE: Required components are listed in blue.**

Nutrition standards for all foods and beverages for sale on the school campus (i.e., school meals and Smart Snacks)	Describe progress and next steps:
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<p><u>To be compliant with the USDA final rule and ALSDE:</u> • All foods and beverages available on the school campus during the school day as part of the school meal program meets or exceeds the USDA regulations for the National School Lunch and School Breakfast programs</p> <ul style="list-style-type: none"> • All foods and beverages outside of the school meal program are not sold within the timeframe of 1 hour before or after school meals per Alabama Implementation of USDA Smart Snacks in School and Fundraising Activity Smart Snack and Fundraiser Guidance and Implementation.pdf (alsde.edu) • Provides an assurance that guidelines for reimbursable school meals shall not be less restrictive than regulations and guidance issued by USDA. <p>If applicable, list additional school goals below:</p>	<p>Both Satsuma High School and Lee Elementary School comply with USDA guidelines for competition food and smart snacks fundraisers. At the start of school each year, training on the guidelines for each of these items are held for both teachers and staff members.</p> <p>School secretaries at both schools keep up with the paperwork for the Smart Snack Fundraisers and ensure that guidelines are being followed.</p> <p>Next Steps: Provide additional training for support staff and PTO so everyone is aware of these policies</p>
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<p>Access to free potable water on campus</p>	<p>Describe progress and next steps:</p>
<p><u>To be compliant with the USDA final rule:</u> Free, safe, unflavored drinking water is available to all students during mealtimes in the cafeteria.</p> <p>List how access to potable water is made available in schools.</p>	<p>At Satsuma High Schools, students have access to water bottle refill stations and water fountains on campus.</p> <p>At Lee Elementary School students have access to water fountains and cups of water during lunch.</p>

<p>Guidelines for other foods and beverages available on the school campus, but not sold</p>	<p>Describe progress and next steps:</p>
<p><u>To be compliant with ALSDE:</u> All foods and beverages outside of the school meal program are not provided within the timeframe of 1 hour before or after school meals per Alabama Implementation of USDA Smart Snacks in School and Fundraising Activity Smart Snack and Fundraiser Guidance and Implementation.pdf (alsde.edu)</p> <p>If applicable, list additional school goals below:</p>	<p>Teachers and staff are made aware of these guidelines at the start of each year and is monitored throughout the school year</p>

<p>Marketing and advertising of only foods and beverages that meet Smart Snacks</p>	<p>Describe progress and next steps:</p>
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<p><u>To be compliant with the USDA final rule:</u> Our school only markets or advertises foods and beverages that meet the <u>USDA Smart Snacks in School</u> nutrition standards on the school campus, during the school day.</p> <p>If applicable, list additional school goals below:</p>	<p>No marketing of non compliant food items is made on campus at any Satsuma City School</p>
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Section 2. Progress towards Goals continued

Physical Activity Goal(s)	Describe progress and next steps:
<p><u>To be compliant with the USDA final rule:</u> The district requires that a combination of physical activity opportunities be offered daily to all students, including students with disabilities, before, during and after school.</p> <p>List physical activity opportunities that are offered at schools:</p>	<p>Students at Lee Elementary School have a PE course daily where physical activity opportunities are offered to all students, including adaptive PE for our students with disabilities.</p> <p>Students at Satsuma High School have the opportunity to take a PE course that provides opportunity for physical activity as well as an adaptive PE course for our students with disabilities.</p> <p>Students have an opportunity for PT in our JROTC program twice a week at Satsuma High School.</p> <p>Student athletes are also presented with an opportunity for morning workouts as well as after school workouts and team sports practice.</p>

<p>Nutrition Promotion and Education Goal(s)</p>	<p>Describe progress and next steps:</p>
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<p><u>To be compliant with the USDA final rule:</u> The district will ensure that students and staff receive consistent nutrition messages throughout the school campus including in classrooms, gymnasiums, and cafeterias. The district and all schools will promote healthy food and beverage choices for all students across the school campus during the school day and will encourage participation in school meal programs.</p> <p>List how nutrition promotion and nutrition education are provided in schools:</p>	<p>At Lee Elementary School, nutrition and healthy choices education is included in the PE curriculum and reinforced in the main classroom.</p> <p>Bulletin boards about healthy choices and nutrition can be found in the school gym as well as around campus.</p> <p>At Satsuma High School, nutrition and healthy choices education is incorporated in the curriculums of FACS, Health, Life Science, JROTC, and all our Science and CNA courses.</p> <p>Nutrition education is also promoted by our coaches in our athletic programs.</p>
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<p>Other school-based activities to promote student wellness goal(s)</p>	<p>Describe progress and next steps:</p>
<p><u>To be compliant with the USDA final rule:</u> The district integrates wellness activities across the entire school setting, including the cafeteria, other food and beverage venues, classrooms, and physical activity facilities.</p> <p>List other school-based activities that are offered by the district:</p>	<p>Wellness activities are incorporated into PE classes, health and science classes, athletic programs, and bulletin boards in school cafeterias</p>

CHECKLIST:

Triennial Assessment was made public: Date: 08/23/2021

Updated Wellness Policy received Board approval: (if applicable) Date: No changes were made, so no board approval required Not applicable

Wellness Policy was made public: Date: 8/23/2021

SIGNATURES:

PRINT NAME: Jarred Huffmaster, District Wellness Assessment Leader (SHS) DATE: May 19, 2021

Amy Charles, District Wellness Assessment Leader (LES) DATE: May 19, 2021

PRINT NAME: __Crystal Sealey , District Wellness Coordinator DATE: May 19, 2021

PRINT NAME: __Bart Reeves, Superintendent DATE: May 19, 2021

Section 3: School Level Progress Report

Print or copy this section to be completed by each school.

Blue area includes specific guidance. Gray area includes examples.

Place an "X" in the appropriate column by each bullet and add additional goals in the space provided.

** See attached individual progress reports for each school.